

Outcomes

Six-month, One-Year, and Two-Year Follow-Up

After voluntary entry into the Problem Gamblers Helpline and Treatment Program, helpline counselors contact clients at intervals of six months, one year and two years to determine program efficacy and measurable outcomes. The information is self-reported by the gambler, or in some cases reported about the gambler by the loved one who called on their behalf. Recidivism, abstinence and gambling-related debt are some of the factors measured and reported as follows:

Six-month follow-up outcomes

Three hundred and thirty-one (331) callers were reached for six month follow-up. Of those, 49% reported no longer gambling. An additional 28% of callers reported a decrease in gambling. Forty-three percent (43%) of the callers reached who previously reported a gambling debt, reported a decrease in gambling debt.

One-year follow-up outcomes

One hundred and sixty-four (164) callers were reached for one year follow-up. Of those, 49% reported no longer gambling. An additional 33% reported a decrease in gambling. Fifty-three percent (53%) reported a decrease in gambling debt.

Two-year follow-up outcomes

Sixty-four (64) callers were reached for two year follow-up. Of those, 52%, reported no longer gambling. An additional 12 % of callers reported a decrease in gambling. Forty-one percent (41%) of callers reported a decrease in gambling debt.